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Soldiers assigned to the 2nd Bn., 27th Inf. Regt., 3rd BCT, "Broncos," 25th ID, take cover in a ditch along a road during a live-fire exercise at the BAX on Schofield, Sept. 8.

‘Broncos’ strike hard during two-week exercise

Story and photos by
STAFF SGT. ARMANDO R. LIMON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — The chatter of machine guns, the booming of artillery and the sounds of cannon fire from helicopters signaled the live-fire portion of Bronco Strike throughout Battle Area Complex (BAX), here, in August.

Bronco Strike was held by the 3rd Brigade Combat Team, "Broncos," 25th Infantry Division, to train and externally evaluate company teams' ability to maneuver and integrate direct and indirect fires during the two weeks of the exercise.

"Bronco Strike is the culmination of six months' worth of training for the entire Brigade Combat Team," said Maj. Daniel Gregory, brigade operations officer, 3rd BCT. "At its core, it served to validate the infantry companies and their ability to conduct combined arms training through day and night live-fire maneuver live fires."

The end goal of the exercise was to work out the brigade as a whole and certify companies that are able to fight and win in any environment, said Gregory.

"However, it went well beyond being a simple live-fire training event," he said. "Bronco Strike tested 3IBCT's ability to support and sustain itself through multimodal resupply, testing the supply lines from the point of Battle Support Area (BSA), field casualty care, unmanned aerial surveillance, intelligence operations, beyond-line-of-sight communications and the movement of Soldiers across the battlefield to different locations."

The exercise, broken up into three phases, began with company defensive operations, was followed by troop leading procedures at East Range and culminated with a combined arms live-fire exercise for Bronco Brigade's 2nd Battalion, 27th Inf. Regt., and 2nd Bn., 35th Inf. Regt., at the BAX.

"Our companies conducted attacks against fortified enemy positions. To accomplish this, they will incorporate artillery and mortars, attack aviation, and direct fires to suppress, breach and clear the objectives," said Command Sgt. Maj.



Artillerists assigned to the 163 Battery, 16 Field Regiment, Royal New Zealand Artillery, prepare to load a shell into an M119A3 Howitzer (105 mm) assigned to the 2nd Bn., 11th FA Regt., 25th DIVARTY, 25th ID.

Brian Disque, senior enlisted adviser, 2-35th Inf. Regt. "Additionally, companies will have to conduct a deliberate defense.

"Bronco Strike will prepare us to deploy and win in combat operations and overall build readiness and proficiency at mission essential tasks," he added. "This event challenged our Soldiers and leaders to adapt.

"To me, the leader development is the most important thing," he continued. "Combat will be chaotic and uncertain, and this mission will put leaders in a situation to lead in those conditions."

Attached enablers from the 29th Bde. Engineer Bn., 325th Bde. Support Bn., and 3rd Bn., 7th Field Artillery Regt., 25th Division Artillery, 25th ID, assisted in the live fire for both infantry battalions.

"All of our Soldiers will participate in one form or fashion – about 600 total," Disque said. "We are also working with several enablers to include our fire sup-

port team from 3-7th FAR, our engineers and intelligence team from 29th BEB, as well as others. All in all, it's a great opportunity for us to fight as an entire team and work together."

The 2nd Bn., 11th FAR, 25th DIVARTY, 25th ID, and members assigned to the 163 Battery, 16 Field Regiment, Royal New Zealand Artillery, working as multinational partners, also added fire support with howitzers.

Disque stated the end goal for his battalion was simply to "build lethal platoons and companies, develop adaptive and confident leaders, and be more prepared to fight and win against any opponent."

"Bronco Strike will give our leaders and Soldiers confidence and a great repetition in a pretty complex scenario. Taking this experience forward with all the things we did well, as well as closing our gaps, is an important step in preparing for Lightning Forge," he said.



A Soldier assigned to the 2nd Bn., 35th Inf. Regt., 3rd BCT, 25th ID, pulls a fellow warrior with a simulated combat wound to safety, Sept. 14.

‘Legionnaires’ to support Operation Inherent Resolve

Story and photo by
SGT. IAN IVES
25th Sustainment Brigade Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — The Soldiers of the 536th Support Maintenance Company (Legionnaires), 524th Combat Sustainment Support Battalion, 25th Sustainment Brigade, were honored at a ceremony, Sept. 13, prior to their nine-month deployment to Iraq in support of Operation Inherent Resolve.

Operation Inherent Resolve, or OIR, is a combined joint task force operation to work with regional partners to militarily defeat the Islamic State of Iraq and Syria, and to increase regional stability.

The Legionnaires will be tasked with providing maintenance support to units operating in the U.S. Army Central Command area of responsibility, to include those participating in OIR.

To prepare for this upcoming mission the company has trained relentlessly on

its pre-deployment tasks for the past seven months.

"The team has sacrificed hundreds – probably more along the lines of thousands of man-hours – in preparation for this deployment," said Lt. Col. David J. Young, 524th CSSB commander during the deployment ceremony.

"Personal training, equipment preparation and movement, multiple deployment facility operations, and vessel loading, just to name a few," were things Legionnaires prepared on, he said.

After 536th SMC Soldiers accomplish their nine-month mission, they are expected to return in the summer 2018.

Right — The 536th SMC, 524th CSSB, 25th Sust. Bde., waits in formation, Sept. 13, before being honored during their deployment ceremony. The 536th SMC is deploying to Iraq for nine months in support of Operation Inherent Resolve.





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Equifax data breach exposes 143 million

Some tips to help protect you against identity theft

BRIAN EVANS
Army News Service

WASHINGTON — Equifax recently reported a data breach that exposed 143 million consumers’ sensitive personal information.

Here is what you need to know about the breach and how you can best protect yourself.

Equifax is one of three major consumer reporting agencies; Experian and TransUnion are the other two. Equifax is the only agency reporting a data breach as of this publication’s deadline.

Credit reporting agencies are companies that assemble and store consumer credit information. They use this information to furnish consumer reports to third parties. These third parties, often businesses, can then use the reports to evaluate consumers’ credit worthiness.

Equifax stated the data breach occurred from mid-May through July. The breach is potentially dangerous because of the nature of the consumer information Equifax stored. Equifax stated that hackers accessed people’s names, Social Security numbers, birthdates, addresses and, in some instances, driver’s license numbers.

According to Equifax, more than 143 million American consumers had sensitive personal information exposed in the data breach, and many individuals in Canada and the United Kingdom also had personal information exposed.

This is important because criminals could use this stolen data to engage in identity theft – using your personal information without your permission to commit fraud. This could include accessing your open accounts or opening new accounts in your name.

What to do

There are several steps you can take to address concerns regarding fraud or identity theft.

- Under the federal Fair Credit Reporting Act, every consumer has a right to review one free copy of his or her credit report each year from each of the three agencies. To do so, you can go to www.annualcreditreport.com. You can enter information there and review/print a copy of the credit report, or you can print out a request form and mail it to receive a free copy of your credit report by mail.

- Look for anything on your credit report that is inaccurate, such as accounts you did not open, incorrect personal information, credit inquiries from companies you have never contacted and wrong amounts showing on your accounts in your credit



U.S. Army photo

A Soldier speaks with a representative from the installation’s legal assistance office. If Soldiers and their families who may have been effected by the recent Equifax breach have questions about their credit reports or tips for avoiding identity theft, the legal assistance office on each base is ready to help.

report.

- You can place a security freeze on your credit report. When there is a freeze, creditors cannot access your reporting file and, therefore, cannot offer new credit. This helps prevent identity thieves from opening fraudulent accounts in your name.

- However, it also means you will not be able to apply for credit without unfreezing your account. This could delay the time it takes for you to apply for credit, such as a mortgage or car loan. You can place a freeze on your credit file at any time, but you must contact each of the three major agencies to do so.

- You can place a fraud alert on your credit report. A fraud alert requires creditors to take steps to verify your identity before opening a new account, issuing an additional card or increasing the credit limit on an existing account.

There are two types of fraud alerts: an initial fraud alert that the credit reporting agencies will keep on your file for 90 days, but expires after that time, which can then be renewed by the consumer; an extended alert, which is for identity theft victims and is good for seven years.

A fraud alert does not prevent a creditor from opening credit in your name the same way a credit freeze does, but it does require the lender to take additional steps to verify your identity. If you place a fraud alert on your account with one agency, it must notify the other agencies of the alert.

- Deploying service members can place an active duty alert on their credit reports. An active duty alert means businesses must take extra steps before granting credit in your name.

Active duty alerts last for one year and can be renewed to match the period of deployment. If you place an active duty alert on your account with one agency, it must notify the other agencies of the alert.

- You can go to a website established by Equifax, www.equifaxsecurity2017.com, to determine whether your account was one that may have been compromised in the data breach. If so, you can enroll in credit monitoring and other protection through Equifax’s theft protection and credit monitoring product, TrustedID Premier.

Equifax states it is a complimentary one-year subscription. Whether you are considering TrustedID Premier or a different credit monitoring service, make sure you are aware of the extent of the services offered and any trial periods, fees, cancellation requirements or other possible restrictions, such as mediation and arbitration provisions. These could affect the services you receive, the cost of services or any remedies you may wish to exercise if you have a dispute with the company providing services.

Point of Contact

Since every person’s case is unique, not all of these choices will be right for every consumer.

If you have questions about identity theft and what steps to take to protect yourself, call your nearest Armed Forces legal assistance office, which you can find at <http://legalassistance.law.af.mil/>.



14th Cavalry monument planned for Fort Benning

THE 14TH CAVALRY ASSOCIATION
News Release

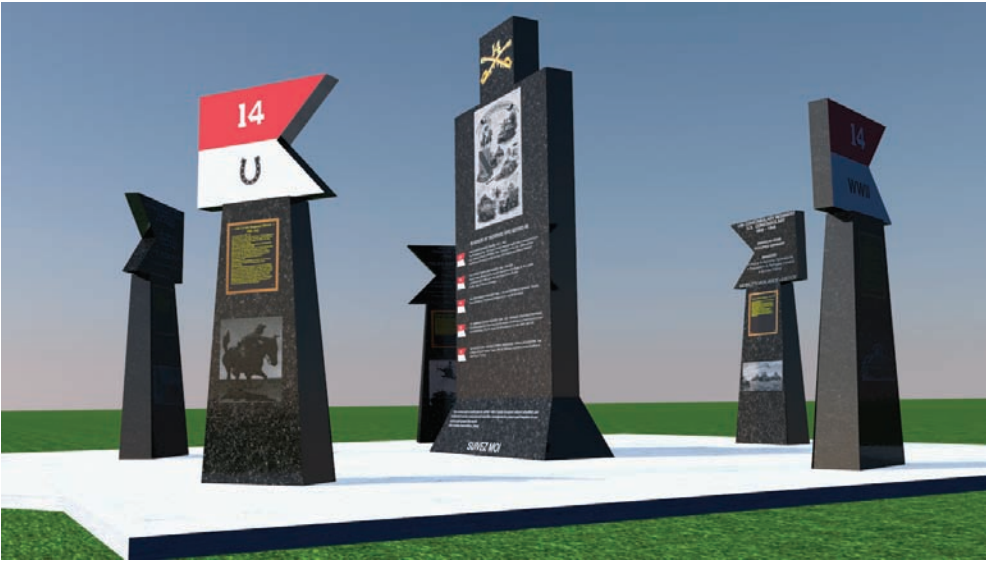
FORT BENNING, Georgia — The 14th Cavalry Association is raising money to build a memorial monument for the “Sui-vez Moi” regiment near the new National Armor and Cavalry Heritage Museum, here.

The memorial monument would honor 14th Cavalry Regiment’s almost 100-year history, which includes combat campaigns in the Philippines, patrols along the Texas-Mexico border, security missions in the U.S. Northwest, battles in the Pacific and European theaters of World War II, a 28-year patrol of the German east-west border in the Fulda Gap during the Gold War, and seven combat tours of duty in Iraq and Afghanistan over a span of nine years by its squadrons of the 21st century.

Among the Troopers who have proudly served this nation are a Medal of Honor recipient and 25 Soldiers who were killed in action in Iraq and Afghanistan.

The monument was designed over the course of three years by active duty and retired members of the 14th Cavalry Regiment and includes a post-9/11 guidon that highlights the regiment’s combat tours in Iraq and Afghanistan, the 25 Troopers who died in battle in those countries, and the missions and organizations of its squadrons at Schofield Barracks, Hawaii, and at Joint Base Lewis-McChord, Washington.

The monument is sponsored by the



Courtesy image

This rendering shows the memorial monument the 14th Cavalry Association plans to build near the new National Armor and Cavalry Heritage Museum at Fort Benning, Georgia.

14th Cavalry Association, a nonprofit organization of veteran and active duty Troopers of the 14th Cavalry Regiment’s current squadrons and other branches of the U.S. Armed Forces.

A dedication ceremony for the monument is scheduled for Oct. 18, 2018, near the National Armor and Cavalry Heritage Museum in Fort Benning. It will occur in conjunction with the annual Regimental

Reunion of the 14th Cavalry Association on Oct. 16-18, 2018, at the Hilton DoubleTree Hotel in Columbus, Georgia.

Donations

To make a donation, visit www.14cav.org or call or email Max Whipps at (503) 290-9991 or opscen@14cav.org.



Voices of Ohana

Because Sunday, Sept. 24, is Gold Star Mothers Day, and Gold Star Mothers want to ensure their fallen service members are remembered, we wondered,

What do you want to be remembered for?

By U.S. Army Garrison-Hawaii Public Affairs



“For having a positive impact on the lives of others: my family, the children at school and anyone else I interact with.”

Brooke Custis
Vice principal
Solomon Elementary School



“I want to be remembered as someone who made a difference to students. They may not have understood what I was saying at the time, but they realize it later.”

Shannon Garan
Kindergarten teacher
Solomon Elementary School



“It’s not about how I want to be remembered. I want our Soldiers and Gold Star Families to be remembered for the sacrifices they made.”

Rayson Sukugawa
Assistant teacher for preschool Special Education
Solomon Elementary School



“Being the person who helps others realize their potential.”

Colleen Tsuji
Fourth grade teacher
Solomon Elementary School



“Bringing a positive attitude and serving the community, which is our ohana.”

Pauline Valoros
Head custodian
Solomon Elementary School

New readiness test aims to replace the APFT

Story and photo by
SEAN KIMMONS
Army News Service

FORT LEE, Virginia — After finishing the Army Combat Readiness Test – a six-event assessment designed to reduce injuries and replace today’s physical fitness test, Spc. Efren Gandara and others in a pilot program were physically drained by the full-body workout.

About 120 Fort Lee Soldiers, including Gandara, had one of the first looks at the test, Sept. 13 and 14, which gauges Soldiers on five components of physical fitness – muscular and aerobic endurance, muscular strength, speed/agility and explosive power. Since 1980, the current Army Physical Fitness Test has only measured the first two components.

Developed by the Army Center for Initial Military Training, the new test aims to better prepare Soldiers for their warrior tasks and battle drills, as well as other physically demanding tasks.

“In combat you’re going to be lifting things, moving stuff around, and all your gear is going to be on,” Gandara said afterward. “I don’t think the regular (test) actually gauges that. I know people who can run, but as soon as you put weight on their shoulders, they can’t. What will happen when they get into combat?”

Six events

While the ACRT still keeps the 2-mile run as its final event, it introduces five others to provide a broad measurement of a Soldier’s physical fitness.

“The Army has always used a physical fitness test as a tool for commanders to determine whether their Soldiers are prepared to do their mission,” said Whitfield East, a research physiologist with CIMT. “(This is) a better assessment. It’s better because it’s more comprehensive.”

•**Deadlift:** With a proposed weight range of 120 to 420 pounds, the deadlift



Spc. Efren Gandara performs leg tucks during a pilot for the Army Combat Readiness Test, a six-event assessment designed to reduce injuries and replace the current Army Physical Fitness Test. Gandara and 120 other Soldiers based at Fort Lee, Virginia, had the opportunity to take the test Sept. 13-14. Developers plan to test at Fort Leonard Wood, Missouri, next month. If approved, the new test could be implemented across the Army in fiscal year 2020.

battle buddy, duffel bags or other heavy equipment.

•**Standing power throw:** Soldiers toss a 10-pound ball backward as far as possible to test the muscular

explosive power that may be needed to lift themselves or a fellow Soldier up over an obstacle or to move rapidly across uneven terrain.

•**T-pushup:** In this event, Soldiers start in the prone position and do a traditional pushup, but when at the down position, they move their arms outward and then back in to do another pushup. This allows for additional upper body muscles to be exercised.

•**Sprint/drag/carry:** As they dash 25 meters, five times up and down a lane, Soldiers will perform sprints, drag a sled weighing 90 pounds, and then hand-carry two 40-pound kettlebell weights. This can simulate pulling a battle buddy out of harm’s way, moving quickly to take cover or carrying ammunition to a fighting position or vehicle.

•**Leg tuck:** Similar to a pullup, Soldiers lift their legs up and down to touch their knees/thighs to their elbows as many times as they can. This exercise strengthens the core muscles since it doubles the amount of force required compared to a traditional situp.

•**2-mile run:** Same event as on the current test. In the ACRT, run scores are expected to be a bit slower due to all of the other strenuous activity.

Test scoring hasn’t been decided yet, but it could be up to 100 points for each event like the APFT, officials say. There will be a minimum score required in each event to meet Army standards.

(For the rest of this story, visit www.hawaiiarmyweekly.com/2017/09/19/new-combat-readiness-test-aims-to-replace-apft-cut-injuries/.)

Gray PT uniform disappearing as wear-out deadline looms

Story and photo by
DAVID VERGUN
Army News Service

FORT MEADE, Maryland — Just five months ago, about half of the Soldiers participating in organized physical fitness training, here, were seen wearing the gray Improved Physical Fitness Uniform.

On the morning of Sept. 14, inside the Gaffney Field House and outside track, there were only a couple of Soldiers still in the IPFU. Dozens of others were seen sporting the new, black Army Physical Fitness Uniform.

By Oct. 1, that number wearing the IPFU will reach zero Army-wide, as the wear-out date expires with “mandatory possession” kicking in for the APFU, per All Army Activities message 209/2014, which was released Sept. 3, 2014.

Good reviews

Soldiers seem happy with their new APFUs, according to a small opinion sampling conducted, here.

That doesn’t mean there aren’t some sentimental feelings about the IPFU, however.

Spc. Lafavien Dixon, from Company C, 742nd Military Intelligence Battalion, here, said he plans to wear the IPFU for organized PT right up to the wear-out date, out of a “sense of nostalgia.”

Any time a uniform changes, Soldiers will look back with a sense of fondness and happy memories, but not necessarily regret, he said.

The black with gold lettering design in particular, is something Dixon said he likes about the new uniform, as well as



Soldiers in their new black Army Physical Fitness Uniforms conclude an off-duty physical fitness session at the track in front of the Gaffney Field House on Fort Meade, Sept. 14. The Soldiers, all from Company C, 742nd Military Intelligence Battalion, are (from left) Spc. Douglas Banbury, Spc. Lafavien Dixon and Sgt. Christopher Davis Garland.

the two small pockets on the shorts for ID cards or keys. The built-in spandex in the shorts is another improvement, he added.

Sgt. Christopher Davis Garland, from Co. C., 742nd MI Bn., said he likes the overall look and feel of the new uniform and is supportive of the switch, but will miss the “cottony feel” of the grey reflective shirt.

Rather than discard the IPFU, he said he plans to wear parts of it when doing yard work.

Garland, a self-described “PT freak,” said he will also wear parts of the IPFU

when participating in off-duty Spartan races, which include a number of obstacles that must be negotiated. He said he didn’t want to tear up his APFU doing that.

Spc. Douglas Banbury, from Co. C., 742nd MI Bn., said he purchased his APFU a year ago “to weigh the differences between them.”

Like other Soldiers, he said he’s pleased with the look and feel of the APFU, particularly the material, which he said enables the uniform to dry out faster when wet.

The other difference, he said, is that in his personal view the APFU feels a bit less comfortable in cold weather than the IPFU, but more comfortable in hot and humid conditions.

The only malfunction with his own APFU, thus far, he said, is one of the key/card pockets detached. He reasoned that since he got the uniform early on when they first became available, he thinks it was a problem in the initial assembly production run. But the other pocket is OK, he added, so he can still carry his key/ID card.

Spc. Jarvis Smith, who was PTing after-hours with the other three co-workers from 742nd MI Bn., said the APFU shorts are longer than the IPFU, and this is a positive when it comes to modesty.

Like the others, he said he approves of the switch and plans to continue to wear parts of the IPFU around the house and yard to get as much mileage out of them as he can before they eventually fall apart.

Another Soldier interviewed said she plans to give her old IPFU to her wife – who is not a Soldier – to wear.

A main goal of the PT uniform switch “was to use high-performance fabrics in the APFU without increasing the cost from the IPFU,” according to the ALARACT, which noted 32 improvements, including the “identification/key pockets, a redesigned stretchable lining in the trunks, heat mitigation and female sizing.”

All of the changes were incorporated based on Soldier input and extensive technical and user testing in various climates, the ALARACT added.

South Pacific partners for natural disasters

Story and photo by
STAFF SGT. DAVID OVERTON
305th Mobile Public Affairs Detachment

NOUMEA, New Caledonia — With its stately pine trees and sparkling blue waters, the South Pacific island and French territory of New Caledonia evokes the aura of a hidden paradise for beachgoers and snorkelers.

For the members of the U.S. Army Reserve’s 9th Mission Support Command, however, their time on New Caledonia was spent hunkered down in conference rooms, working with NATO allies and other partner nations to coordinate responses to a hypothetical natural disaster during Exercise Equateur 2017.

The annual Equateur exercises began in the late 1990s, and they have grown to include a variety of partner nations. This year, troops from Australia, Canada, Fiji, Japan, New Zealand, Papua New Guinea, Tonga, Vanuatu, the United Kingdom and the United States participated in the exercise.

This year’s training scenario split New Caledonia up into three hypothetical countries: the North Federation, the United Islands of Koryphon and the Republic of Thaery.

In the scenario, the North Federation was hit by an enormous tsunami, which left thousands of displaced citizens requiring humanitarian aid. There were also imaginary militia factions present in the scenario, which added an extra layer of challenge to the exercise.

Exercise Equateur also provided a re-



U.S. Army Lt. Col. Jeremy M. Wasilewski (left), the deputy exercise director external evaluator of Exercise Equateur 2017, and French Army Maj. Thierry Palermo discuss different options at the Animation Center.

alistic training scenario in light of recent natural disasters occurring in the United States, including hurricanes Harvey and Irma. As an island positioned between Australia and Fiji, New Caledonia is also susceptible to natural disasters that could involve massive storms and flooding.

The 9th Mission Support Command’s officer in charge, Lt. Col. Jeremy Wasilewski, who also served as the exercise’s deputy director external evaluator, has been participating in the Equateur series for three years and continues to

gain new technical experience and guidance with each iteration.

“This training is very important to maintain our relationships in the Pacific with our partners and allies,” said Wasilewski. “This allows us to learn their techniques and develop points of contacts in case there ever were a real disaster in the area, which would allow us to react and assist if ever needed.

“On the surface, there are obviously language issues, and believe it or not, even with other English-speaking na-

tions,” added Wasilewski. “Some of the terms that Americans use are different from what the British may use, or the Australians and so on. However, when you dig deeper into it, we all try to use a common NATO doctrine. So, it’s really interesting during the planning phase when each country brings their own flavor to it, if you will, and we all learn from that.”

The officer in charge of the entire exercise was French Air Force Col. Dominique Tardif, who is the air force base commander for the island as well.

“I feel this exercise is very important to improve the working relationship between the nations here in the southwest Pacific,” said Tardif. “In addition, as French troops rotate through this assignment here in New Caledonia, it’s important they begin working with officers from other nations to grow as leaders.

“The planning phase went really well, and the different nation’s officers worked very well together,” he added. “These past two weeks have been very successful, and I feel confident in our ability to work with other nations in case a real disaster should ever strike.”

Exercise Equateur also laid the groundwork for a larger exercise that will take place on the island in May 2018, when hundreds of ground forces will arrive for Exercise Croix Du Sud 2018.

(Editor’s note: Overton works in the 305th Mobile Public Affairs Detachment, part of the 9th Mission Support Command.)

25th CAB hosts Regional Aviation Operation Symposium

CAPT. STEVEN J. GUEVARA
25th Combat Aviation Brigade
25th Infantry Division

WHEELER ARMY AIRFIELD — The 25th Combat Aviation Brigade hosted Soldiers from the Philippines, Indonesia, Malaysia, Thailand and Vietnam, recently, for a Regional Aviation Operation Symposium, or RAOPS.

The symposium focused on building partnerships throughout the Pacific to improve aviation mission capabilities among participating countries.

Col. Trevor J. Walker, 25th Infantry Division deputy commander-Interoperability, and Col. Thomas E. Burke, 25th CAB commander, provided opening remarks for RAOPS. Both emphasized the significance of building international relationships based on shared knowledge.

Day one of the symposium consisted of introductions from each country and a class on general aviation operations focused on maritime considerations and rapid response deployment.

Day two provided the participants with an opportunity to tour the 25th CAB’s area of operation on Wheeler Army Airfield. Each battalion in the 25th CAB provided subject matter experts on their particular airframes, to include the UH-60 Black Hawk, CH-47 Chinook and AH-64 Apache.

The formal class room portion of the symposium covered a wide spectrum of aviation and aviation support operations.

According to Chief Warrant Officer 3 Brandon D. Dailey, RAOPS lead coordinating officer, the classroom portion was designed to be interactive and allowed for questions and the sharing of best practices on subjects like Attack Aviation Operations, Medical Evacuation (MEDEVAC) and Mission Command and Battle Tracking.

“It’s been a great experience getting to share knowledge and show the



Col. Thomas E. Burke (center, left), 25th CAB commander, and Chief Warrant Officer 5 Michael L. Lewis (center, right), 25th CAB command chief warrant officer, pose with instructors and participants of the Regional Aviation Operation Symposium.

representatives ways to improve their flying. The major challenge was the language barrier, but, over time, that was no longer an issue and we got to work,” said Dailey.

Once the classroom portion of RAOPS was complete, participants took part in an orientation flight in a UH-60 Black Hawk around the island of Oahu, courtesy of 3-25th Avn. Regiment. The symposium concluded with closing remarks from Burke, who thanked all for their participation in this year’s RAOPS.

“This training has allowed us to learn best practices to take back to our current and aspiring pilots. We look forward to continuing this exchange in the future,” said Tech. Sgt. Ramon H. Albay Jr., of the Philippine Army.

“Overall, the Regional Aviation Operation Symposium demonstrated the 25th CAB’s commitment to enhancing theater security in the Pacific through international partnership,” said Chief Warrant Officer 2 Manuel J. Isbell, 25th CAB regional engagement officer.



Col. Thomas E. Burke (right), 25th CAB commander, presents Tech. Sgt. Ramon H. Albay Jr. of the Philippine Army with a Certificate of Appreciation for participating in RAOPS.

Photos by Sgt. Ian D. Morales

National Disaster Preparedness focuses on planning

**U.S. ARMY AVIATION
CENTER OF EXCELLENCE**
Public Affairs Office

FORT RUCKER, Alabama — As Hurricane Irma was continuing on its destructive path, officials, here, were urging preparedness to help people remain safe during the severe weather events.

An unruly Mother Nature can devastate lives and property; however, people can lessen their vulnerability to disaster through preparation, according to Willie Worsham, Fort Rucker emergency manager.

September is National Preparedness Month, and the South is no stranger to rough weather, so Worsham wants to make sure people are as ready as they can be for when it hits.

“This month serves as a reminder that people should prepare now, and throughout the year, for the types of emergencies that could affect them where they live, work and also where they visit. With the landfall of Hurricane Harvey just two weeks ago, and Hurricane Irma now, we see the importance of being ready,” Worsham said.

“This year’s theme, ‘Disasters Don’t Plan Ahead. You Can,’ will continue to emphasize preparedness for youth, older adults and people with disabilities, and others with access and functional needs. Each week throughout the month focuses on a different theme, including floods,

wildfires, hurricanes and power outages,” he said.

For many areas, tornadoes traditionally increase during the fall months, but other dangers like thunderstorms, lightning and flooding can accompany them, said Worsham.

“The key to successfully navigating Mother Nature’s nastiness is preparedness,” he said. “Make sure that you have a plan.”

Worsham suggests that people visit the Ready Army website, which has all sorts of information on what to expect, how to make a kit and how to prepare for severe weather seasons and even hurricane season.

●**Be informed.** Many emergencies, like power outages, disease outbreaks and manmade accidents can happen anywhere. But certain disasters are more likely in some places than others.

Ready Army recommends understanding the local mass warning systems that officials will use to inform people about weather conditions.

Part of being informed is knowing how to receive information from these agencies, said the emergency manager, adding that it is a good idea to have a backup way of receiving information in case a primary system goes down.

Being informed also means knowing where evacuation points are located in



Graphic courtesy of U.S. Army
September is National Preparedness Month. This year’s theme is “Disasters Don’t Plan Ahead. You Can.”

the event individuals and families cannot get home or their current location becomes unsafe.

Ready Army suggests people also know what circumstances would require evacuation and when to shelter in place.

Accountability is a key part of the Army, and in a disaster this does not change. People should know the way they will contact their unit and receive instructions in the event of a disaster.

●**Make a plan.** Ready Army suggests that people keep their plans practical and tuned to likely disasters that they might face. People should take the informa-

tion they learned in the first step and talk about what their family plan is in each different disaster scenario.

People should take into account how they will react if it is a weekend, as opposed to a workday, if their children are at school, or if an evacuation is ordered and sheltering in place is no longer an option.

●**Build a kit.** A kit is nothing more than the supplies that individuals and their families will need over a three-day period. That is the estimated time it might take to clear roads, restore power or have emergency crews reach people.

After a disaster, emergency responders will address critical needs first and might not be able to get to people right away. A disaster kit will allow people to take care of themselves and their families, freeing up emergency responders to focus on the critically injured and restoring infrastructure. Ready Army suggests people have multiple kits in different locations, like their car, office and home, because they never know where they will be when disaster strikes.

●**Get involved.** The Army has joined the Department of Homeland Security and Federal Emergency Management Agency in America’s PrepareAthon! – a nationwide campaign to increase emergency preparedness and community resilience.



Send announcements for Soldiers and civilian employees to editor@hawaiiarmyweekly.com.

22 / Friday
Observance — National Hispanic Heritage Month is observed from Sept. 15 through Oct. 15.

We celebrate, recognize and learn from our ethnic cultures in Spain, Mexico, the Caribbean, and Central and South America.

24 / Sunday
Gold Star Mothers & Families — We honor surviving parents and families of fallen service members. The Army will hold a ceremony at 1 p.m., Sept. 24, at the National Memorial Cemetery of the Pacific. Call 655-6432 for more details.

27 / Wednesday
CIE — Attend the Community Information Exchange at 9 a.m., Wednesday, Sept. 27, at the Nehelani, Schofield Barracks. Hear what’s happening in U.S. Army Garrison-Hawaii direc-

torates, organizations, programs and services. Also, subject matter experts and the senior commander can answer your questions.

October
10 / Tuesday
Transition Summit — U.S. Army Hawaii will host a three-day Transition Summit, Oct. 10-12, at various locations on Schofield Barracks. All service members, veterans and spouses are invited to attend. All attendees must register at [https://www.uschamberfoundation.org/event/hawaii-](https://www.uschamberfoundation.org/event/hawaii-transition-summit-0)

[transition-summit-0](https://www.uschamberfoundation.org/event/hawaii-transition-summit-0).

Ongoing
Identity Theft — Millions of Americans have been impacted by the recent Equifax data breach. Take steps to protect yourself and your credit. Visit <https://www.consumerfinance.gov>.

Abandoned Vehicles — Listen to Hawaii Public Radio to get the latest facts on abandoned vehicles on garrison installations. Go to <http://hpr2.org/post/conversation-wednesday-august-16th-2017>.



Advisories from Army and Hawaii Department of Transportation (HDOT) sources. Provides traffic, construction and outage information.

Ongoing
Ganhan Road — This road on Wheeler Army Airfield, adjacent Bldg. 107, will be closed at the Wright Avenue entrance throughout construction, through Dec. 18.

7th Street & Arty Hill Road — Through Dec. 29,

Fort Shafter contractors will be performing road repairs and electrical utility work on 7th Street and Arty Hill Road. Contractor work hours are Monday-Friday from 8 a.m.-2:30 p.m. Motorists are advised to expect delays and follow detour signs to adjacent roads.

Farrington Highway — The repaving of a city-owned section of Farrington Highway, from the Kapolei Golf Course Road to approximately 1.5 miles east of Kualaka’i Parkway, is scheduled to begin Sept. 25, barring any weather-related delays.

Ho'olaule'a (Party time!)



This Hawaiian Airlines float wins the Grand Sweepstakes Award in the Floral Float Division of the 2016 Aloha Festival Floral Parade in Waikiki. Photos courtesy of Aloha Festivals

Aloha Festivals make Waikiki special in Sept.

KRISTEN WONG
Contributing Writer

WHEELER ARMY AIRFIELD — As Soldiers and their families move to their new duty station in Hawaii for the first time, they may wonder what lies in store for their tour in the islands.

This month, they will see a close look at Hawaiian culture in the bright, floral floats and festive attire, plus performances and more at the annual Aloha Festivals.

Aloha Festivals, which began as Aloha Week in 1946, shares aspects of Hawaiian culture, from music to food.

Culture on display

“The entire ‘ohana (family) from grandparents to keiki (children) are invited to create enduring memories and experiences of Hawaii’s rich cultural history and traditions during the 2017 Aloha Festivals in September,” a Festivals news release reads.

The theme of this year’s Aloha Festivals is “He Lei Aloha Ke Keiki,” which means “Children are our Garland of Love.” The theme was inspired by Hawaiian proverbs, which use flowers and garlands as metaphors for children, and encourage people to care for their young to promote a successful future.

“Aloha Festivals has been in Hawaii for over seven decades and has continued to support and strengthen the local community. Approximately 110,000 visitors come to Hawaii for the festivals each year,” said Sam Shenkus, co-chair of the Board of Directors for Aloha Festivals.

“We are proud to continue perpetuating Hawaiian music, dance and history through cultural showcase, persevering the unique traditions of Hawaii through a free, monthlong celebration.”

Regal showcase

The Aloha Festivals began with the Royal Court Investiture & Opening Ceremony, Sept. 9, at the Royal Hawaiian Hotel & Royal Hawaiian Center. Members of the Aloha Festivals Royal Court officially accepted their titles in a ceremony.

Each court member, who has Hawaiian ancestry in their family, received elements of traditional dress, such as cloaks and helmets to symbolize their position. The court includes a king, queen, prince, princess and various other members. Each will hold their title till August of 2018.

This year, the Mo'i Kane, or King, is Howard Polani Kwai Ching Fu, a retired Army first sergeant.

In keeping with this year’s theme, there was a Keiki Ho'olaule'a at Pearlridge Center, Sept. 16, which included performances, activities and more. The event included Pu Ha'aheo, a Keiki Conch Shell Blowing Contest, at the Downtown Center Court.

Children learned the techniques, ceremonial etiquette and history of shell blowing in an August workshop.



Aloha Festivals has a tradition of choosing a royal court each year.

Sept. 23

The 65th Annual Waikiki Ho'olaule'a is scheduled for Saturday, Sept. 23, from 7 to 10 p.m. along Kalakaua Avenue. This event is touted as “Hawaii’s largest, most festive block party,” according to a press release, and includes various types of Hawaiian music, performances and food.

There is a La Keiki, or “Kids’ Day,” scheduled at The Royal Grove, at Royal Hawaiian Center, Saturday, Sept. 23, from 10 a.m. to 3 p.m. The day includes a magic show, performances by Kamehameha Schools and Ke Kula Mele, as well as Zumba with E Ola Koa. (For more information about La Keiki, visit <http://royalhawaiiancenter.com/event/l-keiki-kids-day/2145494574> or call 922-2299.)

Those interested in learning hula can participate in the Aloha Festivals Hula Workshop, Sept. 23, from 9 a.m. to 4 p.m. Students will be able to learn a Hula Auana (modern) from 9 a.m. to noon, and Hula Kahiko (ancient) from 1 to 4 p.m. Those who attend the workshop are invited to perform the modern dance, “Aloha Week Hula,” during the Waikiki Ho'olaule'a. There is a preregistration fee of \$100, or \$125 at the door. Email mihoko@waikikiimprovement.com.

Sept. 30

The Aloha Festivals’ 71st Annual Floral Parade is scheduled for Saturday, Sept. 30, from 9 a.m. to noon. The parade begins at Ala Moana Beach Park, follows Kalakaua Avenue and ends at Kapiolani Park. The parade includes horseback riders, floats, Hawaiian music, hula halau and local marching bands.



More Online

For more information about the Aloha Festivals, call 923-2030, or visit www.alohafestivals.com.

Niihau Princess Faith Kalamau rides in the floral parade during the 2016 Aloha Festivals. The Aloha Festivals activities occur throughout the month of September.



Singer/songwriter Mailani Makainai performs during the 2016 Aloha Festival Ho'olaule'a on Kalakaua Avenue in Waikiki.



Briefs

22 / Friday

Using LinkedIn & Social Media —

Build your network by utilizing social media and develop your LinkedIn profile to net a job. Attend this class at the SB ACS from 10-11 a.m. Call 655-4227.

Paint and Sip — Paint a picture on canvas at SB Tropics from 7-9 p.m. while sipping your beverage of choice for \$35. Class includes all painting supplies and instruction. Preregistration is required. Call 655-5698.

Parenting 101 — Take your parenting to the next level. Discover current “best practices” and learn tips and tools to assist you in reaching your parenting goals at the SB ACS from noon-1 p.m. Call 655-4227 to register.

23 / Saturday

FRG Key Contact Training —

Designed to provide training in key contact duties, communicating with family members, dispelling rumors, handling crisis calls and more. It also shows key contacts how they fit into a successful FRG. Class is from 9 a.m.-4 p.m. at SB ACS. Call 655-4227.

Level 1 Kayaking — Entry-level course for \$59 with SB Outdoor Recreation from 8:30 a.m.-12:30 p.m. The course will cover paddling equipment, kayak types and parts, stroke techniques and other helpful tips. Transportation, equipment and instructions are provided.

Minimum age is 10. All children must be accompanied by an adult. Call 655-0143.

24 / Sunday

Gold Star Mothers & Families

Day — Ceremony to honor Gold Star Mothers and Families and remember fallen heroes at the National Cemetery of the Pacific at Punchbowl at 1 p.m. Call 655-6432.

25 / Monday

Stress Solutions —

Identify the causes of stress and how it affects our lives; held from noon-1 p.m. Share techniques such as positive self-talk and how to not take things personally, as well as a variety of relaxation techniques. Call SB ACS at 655-4227.

Employment Orientation — New to the island and looking for employment? This class at the SB ACS from 10-11:30 a.m. will orientate you to employment

SATURDAY AT TROPICS

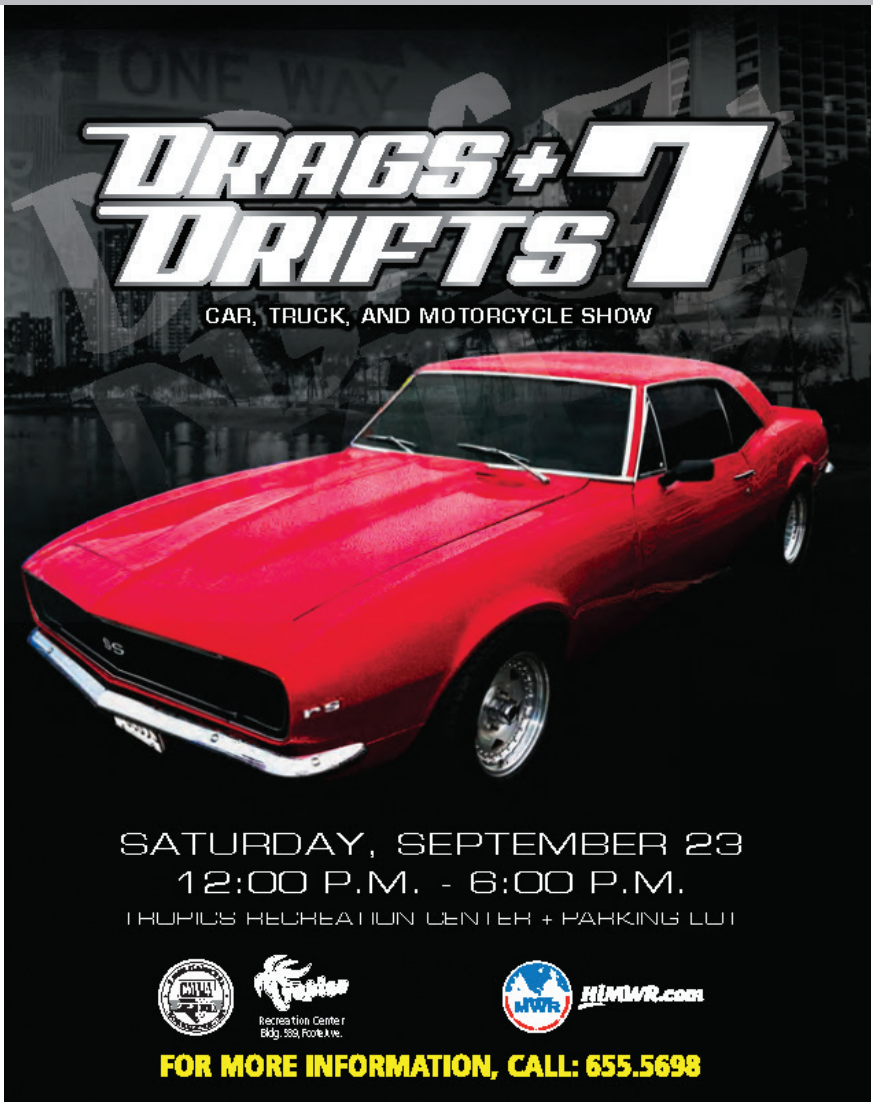


Photo courtesy of Directorate of Family and Morale, Welfare and Recreation
SCHOFIELD BARRACKS — The 7th annual Drags & Drifts returns Hawaii’s hottest customized trucks and motorcycles to SB Tropics Recreation Center from noon-6 p.m., Saturday. Participants can enter in six categories: car, truck, jeep, SUV, motorcycle, auto, audio (one entry per vehicle). Preregistration is \$20 per vehicle; late registration is \$40 per vehicle. Additional activities include live band, DJ, games, prizes and food. Judging is from 1:30-3:30 p.m. Call 655-5698.

opportunities on Oahu. Learn about Spousal Preference and the Priority Placement Program for Spouses (PPP-S) seeking federal employment.

Also offered is information on civilian sector opportunities, contractors, resume writing classes, career fairs and opportunities to further your career and education. Call 655-4227 to register.

Million Dollar Soldier Refresher

— This training provides Soldiers with valuable financial tools at SB ACS from 8:30-11:30 a.m. and 1-4 p.m. Call 655-4227 to register.

26 / Tuesday

10 Steps to a Federal Job — Held at SB ACS from 1-4 p.m. Walk through the steps to create an effective targeted federal resume and successfully manage the application process. To sign up, call 655-4227.

27 / Wednesday

Rain Sticks — Craft activity celebrates Hispanic Heritage month at FS Library starting at 3:30 p.m. Free. Call

438-9521.

28 / Thursday

FRG Key Contact Training —

Designed to provide training in key contact duties, communicating with family members, dispelling rumors, handling crisis calls and more. It also shows key contacts how they fit into a successful FRG from 9:15 a.m.-12:15 p.m. at SB Nehelani. Call 655-4227.

29 / Friday

Green Card Workshop — Learn how to navigate the complex immigration system to apply for a green card at SB Soldier & Family Assistance Center, 10 a.m.-noon.

Workshop will also discuss the Fiancée Visa and Parole in Place process. Call 655-4227.

Citizenship Workshop — Held at SB SFAC from 1-2:30 p.m. Determine if you have met the permanent resident requirements of U.S. immigration law and receive step-by-step instruction on the process of becoming a U.S. citizen.

Call 655-4227.

Domestic Violence Awareness Month Proclamation Signing — Held at SB Nehelani from 4-5 p.m. The event is open to the public. Call 655-4227.

DVAM 5K Run/Walk — This 5K run/walk in honor of domestic violence victims and survivors starts at 6:30 a.m. on SB Weyand Field. Participants are encouraged to wear purple. Event is open to the public. Call 655-4227.

Hawaiian Lunch Buffet — The last Friday of the month special held at SB Kolekole Bar & Grill from 11 a.m.-1 p.m. for \$14.95 per person. Call 655-4466.

Hawaiian Lunch Buffet — Monthly event held at FS Hale Ikena from 11 a.m.-2 p.m. for \$14.96. Call 438-1974.

Leilehua Concert Series — Enjoy live music from 6-8 p.m. at The Grill at Leilehua Golf Course. Call 655-4653.

Right Arm Night — Enjoy a night of comradery at SB Nehelani. Food and beverages are available for purchase. Event starts at 5 p.m. Call 655-4466.

30 / Saturday

Wurst Run — Rocktoberfest 5K run begins at SB Weyand Field at 4 p.m. Runners will sample different German foods while running a 3.1-mile course. Call 655-8007.

Roctoberfest — Annual Octoberfest-inspired event held at SB Weyand Field from 4-10 p.m.

Activities include Beer Garden, German food, live music, dancing, games, Keiki Corner and individual competitions. Call 655-0113.

Ongoing

Movie Event — Weekly movie event held on Wednesdays at SB Sgt. Yano Library from 3-5 p.m. All movies will be PG. Titles are available upon request. Call 655-8002.

Preschool Story Time at FS Library

— Attend every Tuesday for stories, songs, dancing and a craft at 10 a.m. at FS Library. Call 438-9521.

Resiliency through Art (for Wounded Warriors)

— This program focuses on self-expression through art in a small group setting at the SB Arts & Crafts Center every Tuesday from 9:30-11:30 a.m. Call 655-4202 to register.

Preschool Story Time

— Attend every Tuesday for stories, songs, dancing and a craft at 10 a.m. at FS Library. Call 438-9521.

Resiliency through Art

— SB Arts & Crafts Center, Tuesdays at 9:30 a.m. Call 655-4202. as registration is required.

See MWR BRIEFS B-6

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

22 / Friday

Army ROTC Scholarship —

Army ROTC Study.com offers a \$500 scholarship for the coming year. Apply by April 1, 2018, at http://study.com/pages/Army ROTC_Scholarship.html.

23 / Saturday

SB Kolekole Walking-Hiking Trail — The trail is closed for hiking Saturday, Sept. 23, due to live-fire training.

Pacific Aviation Living History Day

— From 9 a.m.-3 p.m., in partnership with Smithsonian Magazine’s Museum Day Live! four visitors presenting a Museum Day Live! ticket will receive free admission to Pacific Aviation Museum Pearl Harbor.

Event will feature student-created exhibits, special presentations and World War II-themed activities. Download free tickets at www.smithsonianmag.com/museumday/museum-day-live-2017.

Aloha Festivals Ho’olaulea/Street Fest — Aloha Week

Hawaii event expected to have 15,000+ participants, 5:30-11 p.m., along Kalakaua Avenue in Waikiki. Visit www.alohafestivals.com. See related story on page B-1.

Kuhio Beach

Hula Show — This free show, sponsored by the City and County of Honolulu, showcases culturally significant hula. Shows run 6-7 p.m., Tuesdays, Thursdays and Saturdays at the Kuhio Beach Hula Mound near the Duke Kahanamoku statue, weather permitting.

Cameras are welcome and seating is available on the grass, beach chairs and mats. Call 843-8002.

24 / Sunday

SB Kolekole Walking-Hiking Trail

— The trail is open to DOD ID cardholders and their guests for hiking Sunday, Sept. 24, from 5:30 a.m.-6:30 p.m.

Honolulu Century Ride

2017 — Bike ride starts at 6:15 a.m. at Kapiolani Park near the bandstand on Kalakaua Avenue. Register at www.hbl.org/honolulucenturyride/.

26 / Tuesday

FS Thrift Shop — Clothes, kitchenware and more offered Tuesdays and Thursdays, 9 a.m.-

1 p.m., at Bldg. 342, Pierce Street, on FS. Visit www.huispirit.com.

29 / Friday

Yom Kippur (Day of Atonement) — Friday evening Kol Nidre Service at 7:30 p.m. at the Aloha Jewish Chapel, at Joint Base Pearl Harbor-Hickam.

Saturday, Sept. 30, features a morning service at 9 a.m. and afternoon study and services at 2 p.m. as part of the Jewish High Holy Days.

Contact Chaplain (Lt.) Emily Rosenzweig, MCB Hawaii, K-Bay, at 257-2884.

Sunset Bazaar —

Every Friday, 4-9 p.m., Kakaako Park, Honolulu, and enjoy end-of-week pau hana with live music, food, shopping and beverages. More info at streetgrindz.com.

30 / Saturday

Aloha Festivals Floral

Parade — Spectacular annual event features 2,000 participants, 40 vehicles, 10 bands and 15 floats. It will start at Ala Moana Park, go to Kalakaua Avenue and end at Waikiki Shell.

Visit www.alohafestivals.com. See page B-1 for this week’s featured story on the festival’s details and schedules.

Hawaii vs. Colorado State

Football — Mountain West Conference action kicks off at

Aloha Stadium at 6 p.m. Visit www.hawaiiathletics.com for ticket information.

October

6 / Friday

First Friday — Chinatown is the place for unique galleries, boutiques, cafes and restaurants that feature exciting art exhibits and free entertainment every month.

The art galleries and most shops stay open late, from 5-9 p.m., followed by a late night party at some of the trendiest,

most popular bars in Honolulu. Visit www.firstfridayhawaii.com.

7 / Saturday

Monsters in our Neighborhood — Sounds of Aloha Chorus performs, 7:15 p.m., at the Hawaii Theatre for original family fun. Visit Soundsofaloha.org.

Waikiki International Food

Festival — This 12th annual Rotary event, 5:30-9:30 p.m., in the Grand Ballroom at the Pacific Beach Hotel, offers an all-you-can-eat international buffet from around the world while enjoying live music, dancing, silent auction and live raffle that raises money for charity.

Tickets are \$100. Visit www.WaikikiRotary.org.

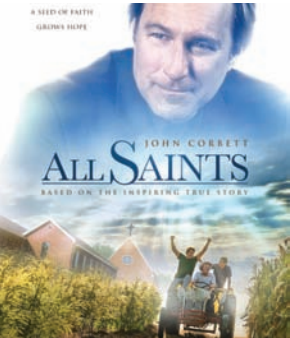
This Week at the MOVIES Sgt. Smith Theater

The Hitman’s Bodyguard (R)

Friday, Sept. 22, 7 p.m.

The Nut Job 2: Nutty by Nature (PG)

Saturday, Sept. 23, 4 p.m.



All Saints (PG)

Saturday, Sept. 23, 7 p.m.



Leap! (PG)

Sunday, Sept. 24, 4 p.m.

Closed Monday through Thursday.

Calendar abbreviations
8th TSC: 8th Theater Sustainment Command
25th ID: 25th Infantry Division
ACS: Army Community Service
AFAP: Army Family Action Plan
AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation

ASYMCA: Armed Services YMCA
BCT: Brigade Combat Team
CDC: Child Development Center
CYSS: Child, Youth and School Services
EFMP: Exceptional Family Member Program
FCC: Family Child Care
FMWR: Family and Morale, Welfare

and Recreation
FRG: Family Readiness Group
FS: Fort Shafter
HMR: Helemano Military Reservation
IPC: Island Palm Communities
PFC: Physical Fitness Center
SAC: School Age Center
SB: Schofield Barracks

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
TAMC: Tripler Army Medical Center
USAG-HI: U.S. Army Garrison-Hawaii
USARPAC: U.S. Army-Pacific
WAAF: Wheeler Army Airfield



Courtesy photo
Patrons can download the Star Wars app on their smartphone to participate in the augmented reality event, Sept. 30.

SB Exchange invites ‘Star Wars’ fans to ‘Find the Force’

ARMY & AIR FORCE EXCHANGE SERVICE
Public Affairs

SCHOFIELD BARRACKS — Defenders of the Force can become one with the “Star Wars” universe during “Find the Force,” a special augmented reality event, Sept. 30, at the Schofield Main Store Exchange, here.

“Star Wars” fans start the smartphone-assisted treasure hunt by downloading the Star Wars app. Participants can then load the “Find the Force” experience and scan signs in the store unlocking a different augmented reality experience each day featuring characters from “Star Wars: The Last Jedi.” Shoppers can also unlock characters from home at shopmyexchange.com. “The Exchange has all kinds of fun in store for fans of all ages,” said Store Manager Asia Gilchrist. “Come on down; you never know what characters you’ll encounter during this next-generation experience.” Participants should download the “Star Wars” app and launch the “Find the Force” experience prior to arriving to the store. “Star Wars: The Last Jedi” toys and merchandise will also be available during the event and at shopmyexchange.com.

More Online
The Schofield Barracks Exchange is at Bldg. 694. The store will be open from 9 a.m. to 9 p.m., Saturday, Sept. 30. For more information, call 622-1773. Shoppers can learn more about “Find the Force” at starwars.com/findtheforce.



Photo by Irvine Gourdine, Fort Bragg, North Carolina
FORT BRAGG, North Carolina — “Star Wars” annual events continue with enthusiastic turn-outs, here. Now shoppers can “Find the Force” at the Schofield Exchange, Sept. 30.



Photos by Kristen Wong, Oahu Publications
WAHIAWA — Nathan Nahinu of Ka Hehena performs at the Leilehua Bar and Grill at Leilehua Golf Course, Aug. 25. The Leilehua Golf Course hosts local musicians in a concert series.

Concert series offers sounds of Hawaii

KAREN A. IWAMOTO
Staff Writer

WAHIAWA — The Leilehua Concert Series, now in its fifth year, lets Soldiers, their families and the nearby local community experience Hawaiian music – for free.

The concerts are 6-7:30 p.m. on the last Saturday of the month (with adjustments made for holidays) at the Leilehua Golf Course Bar and Grill. They have featured such well-known Hawaiian musicians as Nathan Aweau, David and Dennis Kamakahi and Mike Kaawa. “We’re providing a closer venue for people who live in this area. They won’t have to drive all the way out to Waikiki to listen to Hawaiian music,” according to management at the Leilehua Golf Course. “We can have anywhere between 200 and 300 people come out to listen. It’s really grown over the years, and it’s become a place where a lot of people come to meet up with friends.” The performances were introduced in 2013 as a summer concert series and soon evolved into a monthly showcase. Known for its smooth, mellow rhythms and poetic lyrics, Hawaiian music has found its way onto Hollywood soundtracks and is featured prominently in local festivals, such as the Merrie Monarch Festival and the Slack Key Guitar Festival on the Big Island, and the month-long Aloha Festivals on Oahu. It has its own category at the Grammys and its own awards show in Hawaii, the Na Hoku Hanohano Awards. The history of Hawaiian music encompasses everything from early mele, or chants, songs and poems, to slack-key guitar and Jawaiian. Queen Liliuokalani, the last reigning monarch of the Hawaiian Kingdom, was a prolific composer of

songs, one of the most popular being “Aloha Oe.” A songbook of the music she composed was published in 1999. King Kalakaua, Liliuokalani’s older brother and the last king of the Hawaiian Kingdom, was known as “The Merrie Monarch” because of his propensity for entertaining guests by singing and playing the ukulele. He helped create Hawaii’s state song, “Hawaii Pono’i.”

Performers
The upcoming Leilehua Concert Series performers are as follows:
Sept. 29, Nathan Aweau.
Oct. 27, Maunaloa (with opening act EiNei).
Nov. 17, The Heavyweights with Allan Poki.
Dec. 15, Moke Boy Kame-aloha.
No outside food, beverages or coolers allowed.
Call 656-0114 for more details.

Musical Styles
The following are examples of some of Hawaii’s musical styles:

- Chants** — An ancient Hawaiian ritual used as a means to preserve history, honor deities and recount ancestors. Chanting can be done alone or set to music, such as rhythm from an ipu, or gourd drum.
- Jawaiian** — A contemporary style that combines Jamaican and Hawaiian sounds.
- Hapa haole** — This type of music features English lyrics dedicated to Hawaiian themes.
- Slack key guitar** — A style of playing a guitar with loosened strings.
- Steel guitar** — A guitar with metal strings played by sliding a metal bar over the fretted neck.
- Ukulele** — A fretted four-stringed instrument.



WAHIAWA — Patrons watch Ka Hehena perform at Leilehua Bar and Grill at Leilehua Golf Course, Aug. 25. The Leilehua Golf Course hosts local musicians as part of an MWR monthly concert series.

Survive the ordeal of college tours, Trojan Wars from my experience

“Odysseus, eat your heart out,” I thought, while driving our daughter, Lilly, to college visits, recently. Although I wouldn’t encounter any cyclopes or sea monsters, I knew I was embarking on a grueling ordeal. Over the course of our four-day trip, I would put 1,800 miles on our minivan, log over 40,000 Fitbit steps on five campus tours, nail-bite through Lilly’s four interviews, swipe mini bottles of lotion from three cheap hotels, and eat at least four tuna sandwiches. According to the National Association for College Admission Counseling, 77 percent of colleges in the United States rate campus visits as a top recruitment strategy for prospective freshmen. After more than 25 college tours between our three kids, I knew the schools we were about to visit would try every trick to get their hooks in us, and that I would need to muster the strength to resist falling into their traps.

Here’s the ritual
At each school, we went to the admissions offices for information sessions and interviews. My goal was to stay awake – thank goodness for complimentary K-Cups – and to be realistic about Lilly’s interviews. When one interviewer proclaimed, “Lilly is perfect for our school!” I knew he really meant, “Lilly seems like a real peach, but don’t be surprised if we drop her like first period physics once we get



her transcripts.” Of course, we were assigned to tour guides that were fresh-faced and overly enthusiastic. “Hi! I’m P.J. I double-major in Global Mediation Strategies and Interpretive Dance, with a minor in Sustainable Mollusk Farming, and I am the assistant treasurer of the Quidditch Club. Follow me while I walk backwards like a trained circus monkey.” And our tour groups – which always seemed to include a kid with purple hair, a jock with a gum-chewing dad and someone from Long Island – followed like sheep to slaughter. The parents glanced sideways at each other, muttering redundant thank yous every time we held doors for each other. We hit the usual campus spots like libraries and student centers, but our guides had a few strategic surprises up the scrunched sleeves of their spirit wear. They wisely steered clear of stark reality, such as old biology buildings

THE MEAT AND POTATOES OF LIFE

LISA SMITH MOLINARI
CONTRIBUTING WRITER

that smelled like pickles and frat houses with permanently tapped kegs in front yards, and instead pointed us toward 3-D printers, digitally illuminated mock trading floors, online laundry monitoring systems, colorful rock walls and staged dorm rooms. Even though my older children’s dorm rooms reek of nacho cheese and are littered with dirty socks, the dorm rooms on our college tours were color-coordinated, obsessively organized, freshly Febreezed and adorned with gratuitous advertising signs reading, “Brought to you by Bed, Bath and Beyond.” They explained that we could take advantage of “gender fluid” housing options. Furthermore, if we only fill out a seven-page background check and sign the necessary legal release forms, our child would be permitted to live with someone of the opposite sex. No matter how one feels about progressive housing options, one should

never use the term “fluid” when referring to teenagers’ bedrooms. In the dining halls, our guides detailed complicated meal plans involving flex dollars, bonus bucks and recycling rewards, to buy foods described as gluten-free, halal, locally-sourced, mindful, farm-to-table, kosher, Paleo, diabetic-sensitive and “world-fair” cuisine. I knew this was a fancy way of saying that, for four years, our kids will eat mostly cereal, chicken fingers and soft-serve ice cream.

Remaining strong
Like Odysseus resisting the call of the Sirens, I did not fall prey to the secret strategies employed by those institutions of higher learning. I kept my wits about me and was triumphantly on my way home after four long days. I had to admit, however, that the use of chocolate chip cookies was an effective marketing tool. One school had them in baskets at admissions, another offered them hot out of the oven as we toured the dining halls and another doled them out at the conclusion of the tour. Add that to the free cookies in the hotel lobbies, and despite my Trojan warrior willpower, I was packing a baker’s dozen by the time we passed Poughkeepsie. (Visit Molinari’s website that features personal insights on military family life at www.themeatandpotatoesoflife.com.)

Summit to host event for military spouses

MICHAEL BORMANN
Transition Assistance Program
Directorate of Human Resources
U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Schofield Barracks is hosting the 2017 Hawaii Transition Summit, Oct. 10-12.

Join the U.S. Chamber of Commerce Hiring our Heroes Foundation for a free hiring fair and transition summit for service members, veterans and military spouses.

This summit features key federal and state agencies, influential military leaders, innovators in the business and employer communities, and local community leaders.

Three-day summit
This three-day transition summit will feature interactive and informative panel discussions, recruiter training and facilitated discussions focused on improving competitive employment for service members, veterans and military spouses.

The summit will also include a networking reception for employers, military leaders and job seekers, and will culminate in a hiring fair on the third day.

Over 150 employers and service pro-

viders are expected to attend.

Please join us on Oct. 10 for a full day of professional development education designed especially for military spouses. The “Keeping a Career on the Move” Military Spouse Symposium is presented by MOAA Spouse Programs in partnership with Hiring Our Heroes’ Military Spouse Program with support from USAA.

Spouse events
The event kicks off with “Real Spouses, Real Stories,” a panel and Q&A addressing issues related to military spouse employment. Following the panel discussion, attendees will learn how to stand out in a crowd with the perfect elevator pitch, how to build a top-notch resume and how to use LinkedIn in their employment search.

The event is free and open to all active duty, reserve, National Guard, retiree,



Courtesy photo
Military spouses can attend the Transition Summit on Oct. 10 for the “Keeping a Career on the Move” symposium.

veteran and surviving military spouses, service members and veterans. Complimentary lunch, refreshments, and giveaways are included.

Registration
Visit the Chamber of Commerce website at <https://www.uschamberfoundation.org/event/hawaii-transition-summit-0> to register.

Look to Adam and Eve as a surprising love story

CHAPLAIN (CAPT.) ROBERT PATTERSON
832nd Ordnance Battalion
25th Sustainment Brigade
25th Infantry Division

SCHOFIELD BARRACKS — 1 John 4:17 says, “And as we live in God, our love grows more perfect.”

At some point in our lives, we have all dreamed about “happily ever after.” Maybe you daydreamed about the perfect woman or you patiently waited for the knight on the white horse that would sweep you off your feet.

While for many the idea of perfect love is Cinderella or Prince Charming, it might surprise you to know that mine is found in Adam and Eve.

Kind of a bad choice for “perfect love,” you might say, but while it is true that Adam and Eve are best known for the single worst mistake in history, as the first couple – literally – ever to fall in love, their relationship was part of God’s handiwork.



Patterson

Just like many love stories today, my wife has never worn a glass slipper to a ball, and I have never trotted in on a white horse to save her from the wicked queen. In fact, we bicker from time to time; we don’t usually go dancing on Friday night or awake every morning to a romantic breakfast in bed.

Rather, she claims I’m a huge nerd because of my love for “Star Trek,” and I complain she doesn’t spend enough time at home. Then, there’s the snoring and fights over the remote control. ... Well, you get the picture.

But while we two are far from perfect, we know that God created our marriage in his perfect way ... as only he can do.

God tells us in 1 John 4:12, “if we love one another, God dwells in us, and his



love is perfected in us.” So even though Adam probably forgot to take out the trash, and Eve forgot to wash his leaf now and then, and they occasionally got on each others’ “last nerve,” their marriage was created to be perfected in love, because God both created it and was invited to be part of it.

Don’t stress over living up to the fairy tale. God designed your love story. He wrote it, and he will perfect it if you invite him to be at the center of it.

The truth is, happily-ever-after doesn’t always come with ball gowns and white horses. Most of the time it comes with sweatpants, minivans, diapers and even arguments ... but that’s OK because it comes from God.

It’s designed as a perfect love story.



Additional religious services, children’s programs, educational services and contact information can be found at <https://www.garrison.hawaii.army.mil/rso/USARHAW%20Chapel%20Services.pdf>.

AMR: Aliamanu Military Reservation Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services
•First Sunday, 1 p.m. at FD
•Last Wednesday, 6 p.m. at MPC

Catholic Mass
•Monday-Wednesday, 11:45 a.m. at Soldiers Chapel
•Thursday, 11:45 a.m. at AMR
•Wednesday, 5 p.m. at MPC
•Saturday, 5 p.m. at TAMC
•Sunday services:
-8:30 a.m. at AMR
-10:30 a.m. at MPC
-11 a.m. at TAMC

Gospel Worship
•Sunday, noon at MPC
•Sunday, 12:30 p.m. at AMR

Islamic
•Friday, 12:30 p.m. at AMR
(Call 477-7647)

Jewish Shabbat (Sabbath)
•Friday, 7:30 p.m. at PH
(Call 473-3971)

Protestant Worship
•Sunday Services
-9 a.m. at MPC (Contemporary)
-9 a.m. at FD
-9 a.m. at TAMC
-10 a.m. at HMR (Contemporary)
-10:30 a.m. at AMR (Contemporary)
-11 a.m. at WAAF (Contemporary)

TAMC commits to the patient experience

WILLIAM SALLETTE
Tripler Army Medical Center Public Affairs

HONOLULU — No visit to the hospital is a great one. However, Tripler Army Medical Center, also known as TAMC, is trying to make the experience as enjoyable as it possibly can be.

TAMC is an old building, and over time, improvements have to be made to stay up-to-date with the best options for care.

Within the last year, TAMC has updated and rebuilt three major clinics: the Pediatric Intensive Care Unit, the Progressive Care Unit and, most recently, the Pediatric Specialty Clinic.

Quality care

These renovations not only improve the quality of care for patients, but also for family members. Rooms have been made larger to accommodate family members staying with patients. There are also Family Reflection Rooms; in each of these areas, family members can go in them to take a break.

Another major change going on at TAMC is the installation of WiFi throughout the hospital. With the hospital being so large and made of concrete, many parts of the hospital are blocked from receiving a cellular signal. Coming summer of 2018, patients will no longer be cut off from the outside world because the free TAMC WiFi system will be available to all patients entering our doors.

Improving the patient experience

“It’s about focusing on our core competencies: communication, professionalism and environment,” said Col. Parnell Mattison, deputy commander



Photo by Lori Newman, Tripler Army Medical Center Public Affairs
Shayvonna Taylor, certified nursing assistant, and Army Spc. Yanine Pedrazas Terrazas, licensed vocational nurse, place yellow socks on a patient who is at high risk for falling.

of Medical Services.

Recently, the TAMC staff has begun conducting leader rounds a few times every week to ensure that patients don’t need anything. White boards have been installed in every room to make sure that patients and their family members know what exactly is going on with current care.

The white board also serves as a tracker for nurses and doctors as they change shifts, so there isn’t a misunderstanding between care.

Lastly, a new Quiet Hour Program has been initiated in these wards to allow patients to get sufficient rest. Many times, doctors and nurses would be making multiple stops into a

patient’s room throughout the night to perform certain checks on the patient. With proper care and safety being the most important thing, the Quiet Hour Program schedules stops before 10 p.m. and after 6 a.m. to allow the patient to sleep through the night if they are able to do so.

“I think that with a happier patient experience, the patient is somewhat forming an alliance with the care giving team,” said Mattison. “This will improve the quality of care and improve the healing because you have created a team focused on healing. That is ultimately what we are here for, providing the best care possible for our patients.”



CONTINUED FROM B-2

Quilting and Sewing — Every Tuesday and Sunday, attend quilting and sewing from 5-8 p.m. or 11 a.m.-3 p.m. for \$25 (first class) or \$6 (each additional class) at the SB Arts & Crafts Center, Bldg. 572. Ages 17 and up recommended; for younger patrons, call 655-4202.

Preschool Story Time — Attend

every Wednesday for stories, songs, dancing and a craft at 10 a.m. at SB Sgt. Yano Library. Call 655-8002.

Lei Making — Learn to make a beautiful lei every Friday for \$15 at the SB Arts & Crafts Center from 1-2 p.m. Call 655-4202.

Clay Hand Building — Attend clay hand building at the SB Arts & Crafts Center, Thursday, from 1-3 p.m. The first session is \$25; additional sessions are \$5. Call 655-4202 for more information.

Pottery Wheel Throwing — This class includes instruction and firing up to 15 pieces during class time, 11 a.m.-3 p.m., on Sundays, and 5-8 p.m., on Tuesdays. Costs \$100 for a 10-week session at the Arts & Crafts Center, Bldg. 572. Ages 17 & up recommended; for younger patrons, call 655-4202.


Ceramic Mold Pouring — Session costs \$25, including supplies, Wednesdays and Saturdays. Call 655-4202 for more information.

TAMC

Tripler safety is our top priority



“Safety is in our DNA. It’s everything we do and say,” said Tripler Army Medical Center Command Sgt. Maj. Timothy Sloan.



Sloan

“From the front gate to the front entrance, the operating room, the emergency room, the pharmacy and everything else in-between, our focus is on safety.

“The most important thing we can do is empower our staff to make a difference. They may not always know what’s wrong, but they almost always know what isn’t right.

“By empowering them to say ‘Stop. Let’s take a look at this and make sure we are safe to move forward,’ we create an environment that fosters safety.”



File photo